# ISNA Elementary School Parents Connect Committee Monthly Newsletter February 2016

AsSalamu'alaykum ISNA Families,

We pray the PCC's first Newsletter finds your families in the best of health and happiness. Alhamdulillah, since the formation of our PCC in December, we have been working diligently with the School and Board to enrich and improve our wonderful school. We are pleased to update you on what the PCC is planning this month through the various committees it has established. We are excited and look forward to your participation and feedback! If you would like to assist in any way, please contact us! (see page 3)

#### **WORKSHOPS!**

Prophetic Parenting
Thursday February 25<sup>th</sup>
3:30-4:45pm, School Library
Shaykh Ramzy Ajem will lead a
session on how to raise our
children in accordance with the
Prophetic model. Childcare is
available – please see page 3 to
confirm your attendance

**Healthy Habits** 

Date: Last week of February

Time: In-class

**Dr. Pasha** will meet with students in grades JK-5 to speak about healthy oral hygiene as a key to healthy bodies.

**Dr. Yaseer Shakur** will meet with students in grades 6-8 to speak about nutrition and healthy eating.

Birr Quality of the Month:

### humility

Lower unto them the wing of humility out of mercy and say, "My Lord! Have mercy upon them, as they raised me when I was small."

Quran 17:24

#### **COMMUNITY OUTREACH**

Islam emphasizes the rights of our neighbours upon us. So as a show of our appreciation to our wonderful neighbours, student council will be pairing up with the PCC to deliver complimentary jugs of washer fluid to the houses surrounding our school.

Wassalam, Parents Connect Committee

#### **MOVIE NIGHT!**

Friday February 26<sup>th</sup> 4-5:30pm, School Gym Big Hero 6 \$2/Child, all welcome

Tickets will be sold in advance and at the door (limited seating!)

Popcorn/Snacks will be available for sale!

Bring a blanket & come out for some good family fun!



#### **SPECIAL EVENTS**

We are pleased to inform you that we will be hosting several exciting events for students, parents and school staff!

Brain Games Fun Week. After school 3:45-4:15pm in the School Gym

**February 16**th Rubik's Cube Competition

**February 29**th Brain Teasers & Riddles Competition

Healthy Habits Week: Eating Well Week. After school in the Main Foyer

February 22<sup>nd</sup> - Healthy Fruit Snacks

February 23rd - Healthy Veggie Snacks

February 24th- Healthy Dairy & and Grain Snacks + Food Allergy Awareness

**February 25**th- Healthy Cultural Foods Day (Try to bring something healthy from your culture for lunch/snack!)

PLEASE NOTE: ISNA Elementary School cannot assume any liability for adverse reactions to food consumed or items one may come in contact with while eating during this event. Children with allergies are encouraged to bring a healthy snack from home.

Look out for Suggestion Boxes to Share your Feedback ©

## Parent Response Form (February 2016)

## \* Return to Main Office by Wednesday February 17 \*

Prophetic Parenting Workshop Thursday February 25, 2016 3:45-4:45pm, School Library

3:45-4:45pm, School Library
My Name:
YES! I will be attending the workshop.
YES, I require Babysitting:
Number of Children for Babysitting:
Ages of Children for Babysitting:
I would like to volunteer to help!
Your Name:
Your Email/Phone (preferred method):
Are you already registered as a volunteer with the ISNA Elementary School Office?
What would like to help volunteer for this month?
Babysitting during Prophetic Parenting Workshop
Movie Night!
Brain Games Week
Healthy Habits: Eating Well Week
Thank you! We will be in touch with you!